The Safety Zone: Confrontation Part 1 by Joyce Meyer // Session 3 of 8

*Psalm 91:1 (AMP) - **1** He who dwells in the secret place of the Most High shall remain stable and fixed under the shadow of the Almighty [Whose power no foe can withstand].*

The secret place is the borders of God's Word. God never tells us to do anything if it isn't for our benefit.

If I choose of my own free will to stay inside of the borders of God's Word I'm going to have a life, oh so wonderful.

Do what the Word says or it's not going to work in our life!

The devil can come against me, but He cannot really do anything to me.

Establishing boundaries that can help you get the stress out of your life!

In which relationships do you need to set boundaries?

Confrontation is a boundary!

People have a right to have boundaries and we need to respect those boundaries.

Are you resentful because you feel someone is now taking, or has taken, advantage of you?

Resentment is a bad thing. It seeps into your attitude and brings a heaviness into your life.

If I do things God's way, He'll give me double blessings for my former trouble.

I may not have had a great beginning but I'm having a good finish.

Have you spent years trying to help someone and they still haven't changed and now you resent the time that you spent?

The Bible talks about wise thoughtfulness.

Loving people doesn't always mean rescuing them from everything they've gotten themselves into.

Jesus didn't go around trying to make people let Him help them!

John 5:6-8 (AMPC) - [6]When Jesus noticed him lying there [helpless], knowing that he had already been a long time in that condition, He said to him, Do you want to become well? [Are you really in earnest about getting well?] [7] The invalid answered, Sir, I have nobody when the water is moving to put me into the pool; but while I am trying to come [into it] myself, somebody else steps down ahead of me. [8] Jesus said to him, Get up! Pick up your bed (sleeping pad) and walk!

God did not call you to let people use you!

Love is being led by the Spirit about who to help and how much to help them.

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We are supposed to make sacrifices for people, but God is not asking you to let somebody ruin your life that doesn't even really want to change or be helped.

The Bible says that we are not to allow ourselves to become distracted from what our purpose in life is.

The devil will try to turn the Word of God on you and use the very Word against you to try to distract you from your purpose.

Sometimes you need to help people from a distance.

Helping somebody is not always doing everything for them and leaving them with nothing to do.

Sometimes I think we help people so much that we build an expectation in them that we can't keep up with.

*Proverbs 29:21 (AMPC) - **21** He who pampers his servant from childhood will have him expecting the rights of a son afterward.*

*Luke 10:27-28 (AMPC) - **27** And he replied, You must love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind; and your neighbor as yourself. **28** And Jesus said to him, You have answered correctly; do this, and you will live [enjoy active, blessed, endless life in the kingdom of God].*

*Luke 10:29-35 (AMPC) - **29** And he, determined to acquit himself of reproach, said to Jesus, And who is my neighbor? **30** Jesus, taking him up, replied, A certain man was going from Jerusalem down to Jericho, and he fell among robbers, who stripped him of his clothes and belongings and beat him and went their way, [unconcernedly] leaving him half dead, as it happened. **31** Now by coincidence a certain priest was going down along that road, and when he saw him, he passed by on the other side. **32** A Levite likewise came down to the place and saw him, and passed by on the other side [of the road]. **33** But a certain Samaritan, as he traveled along, came down to where he was; and when he saw him, he was moved with pity and sympathy [for him], **34** And went to him and dressed his wounds, pouring on [them] oil and wine. Then he set him on his own beast and brought him to an inn and took care of him. **35** And the next day he took out two denarii [two day's wages] and gave [them] to the innkeeper, saying, Take care of him; and whatever more you spend, I [myself] will repay you when I return.*

We always need to do something to help, but we can't do everything!

We need to stop expecting everybody else to treat us right and we need to start laying down boundaries that let people know, *"This is what I'll do and this is what I won't do."*

People are not going to like it when you start laying down borders and boundaries. Even your spouse doesn't like it when you lay down boundaries or confront them.

Confront things and then leave it to God. If you don't let people know what you want and need, then you can't blame them for not giving it to you.

REFLECT QUESTIONS:

1) In which relationships do I need to set boundaries?

2) Am I resentful because I feel someone is now or has taken advantage of me?

3) Have you spent years trying to help someone and they still haven't changed and now you resent the time that you spent?

VERSE MEDITATION:

*Psalm 91:1 (AMP) - **1** He who dwells in the secret place of the Most High shall remain stable and fixed under the shadow of the Almighty [Whose power no foe can withstand].*

DAILY CONFESSIONS:

"I live inside of the Word of God!"